



JJVA 2009/2010 Travel Teams Tryout Dates

1. **Players must tryout in their age group unless they have prior permission from Coach Adis to do otherwise. Players showing up to a tryout for a division other than their age group without prior permission will not be considered for a team (coachadis@jjva.com).**
2. **Players MUST be members of USAV Florida Region. Go to www.FloridaVolleyball.org and LOGIN (if you are already a member) or JOIN (if you are not a member yet). Print a copy of your USAV membership card and carry it with you at all times!**
3. **JJVA coaches will be assigned to appropriate teams after all tryouts are concluded.**
4. **Team rosters will be posted on jjva.com as teams are selected.**

Date	Age	Time/Place
Nov. 8 th , 2009 Sunday	12 Regional (born 9/1/97 or after) 10 Regional (born 9/1/99 or after)	1-3 pm at JJVA
Nov. 15 th , 2009 Sunday	14 Regional (born 9/1/95 or after) 13 Regional (born 9/1/96 or after)	1-3 pm at JJVA
Nov. 22 nd , 2009 And Nov. 23, 2009	16 National (born 9/1/93 or after) 15 National (born 9/1/94 or after)	1-3 pm 7-9 pm next day
Nov. 22 nd , 2009 And Nov. 23, 2009	18 National (born 9/1/91 or after) 17 National (born 9/1/92 or after)	3-5 pm 7-9 pm next day
Nov. 30 th , 2009 Monday	16 Regional (born 9/1/93 or after) 15 Regional (born 9/1/94 or after)	7-9 pm at JJVA
Dec. 1 st , 2009 Tuesday	18 Regional (born 9/1/91 or after) 17 Regional (born 9/1/92 or after)	7-9 pm at JJVA
Dec. 6 th , 2009 Sunday	14 Local (born 9/1/95 or after) 12 Local (born 9/1/97 or after)	1-3 pm at JJVA
Dec. 6 th , 2009 Sunday	16 Local (born 9/1/93 or after) 15 Local (born 9/1/94 or after)	3-5 pm at JJVA

The JJVA Center – 11661 Philips Hwy, Jacksonville FL 32256

YOU MUST BRING THE FOLLOWING TO TRYOUTS:

- **2009/10 USAV Membership Card** (Go to www.FloridaVolleyball.org to get your membership card. It must be done before you arrive for tryouts)
- Two USAV Medical Release Forms (**TWO ORIGINALS, no copies, BOTH NOTARIZED**)-also can be found on www.FloridaVolleyball.org under the forms link.
- \$50 Tryout Fee (cash, checks payable to "JJVA", and Visa/Master Card accepted)
- Schedule of player conflicts – If a player is playing another sport or has other commitments that may keep them from attending some JJVA practices/tournaments these must be listed and given to Coach Adis before tryouts begin. Practices begin in December 2009 and continue through May 2010 (National teams through June 2010).

JJVA offers different levels of training and competition. Goal is to give more young players the opportunity to learn the game and compete. Please go to jjva.com to find out the differences between National, Regional, and Local teams.



Game on!

Pre-Tryouts Skill Sessions (Sunday Specialty):

*For those players wishing to brush up on their skills JJVA is offering single day skill sessions:

Each session is fast paced and intense.

Each session is 60 minutes long.

Each session is focused on one skill only.

\$20/player (max. 10 players/session)

Space is limited; therefore sign up early by Email: coachadis@hotmail.com

Schedule for 10s, 12s, 13s, 14s

Sundays at 3pm and/or 4pm

Sept 6, 13, 27

Oct 4, 11, 18, 25

Nov 1, 8, 15

Schedule for 15s, 16s, 17s, 18s

Sundays at 3pm and/or 4pm

Sept 6, 13, 27

Oct 4, 11, 18, 25

Nov 1, 8, 15

Other Options

In addition to the Pre-Tryout skill sessions you may want to schedule an individual or group lesson at the time convenient for you. The coach will help you with the skills you need to improve for the upcoming tryouts. Please contact Coach Adis at coachadis@hotmail.com to schedule yours today. Other certified coaches are available as well.

1 player/1 coach \$60

2 players/ 1 coach \$30 each

3+ players/ 1 coach \$20 each

For more information please visit our website at www.jjva.com