

JJVA/Sports Edge COVID-19 Return to Play Policy for Athletes – Updated 12/7/2020

1. If an athlete is diagnosed with COVID-19 they must notify their coach and/or JJVA as soon as possible.
 - a. JJVA will then gather the following information:
 - i. When did the athlete first start having symptoms?
 - ii. When did the athlete test positive?
 - iii. When is the last time the athlete was at JJVA and for which program/event?
 - b. The athlete must quarantine and;
 - c. The athlete can return to JJVA activities after the following:
 - i. 10 days after having symptoms AND
 - ii. 24 hours symptom free without medication AND
 - iii. Negative Test or Positive Antibody Test
2. If an athlete is deemed to fit the definition of “First Hand Exposure” which is defined as: contact with a known positive person within 6 feet for at least 15 minutes, and contact with known positive person took place 48 hours prior to said person’s initial symptoms.
 - a. JJVA will then gather the following information:
 - i. When were you exposed?
 - ii. When was the last time you were around the person?
 - iii. When did the person test positive?
 - b. The athlete must quarantine for a minimum of 5 days after potential First Hand Exposure and;
 - c. The athlete can return to JJVA activities after the following:
 - i. After 5 days with no symptoms they can be tested AND
 - ii. Receive a negative test
 - d. If the athlete does not want to be tested and/or show proof of negative test, then the athlete must quarantine for a full 10 days from the day of potential First Hand Exposure.
 - e. The athlete does NOT have to quarantine at all if the following:
 - i. Has been diagnosed positive and fully recovered from COVID-19 within the last 3 months. OR
 - ii. Presents a Positive Antibody test within the time of exposure.